



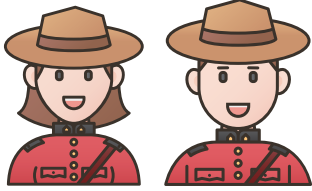
WELCOME TO CANADA!



**Centre
Culturel
Canadien
Paris**

**Canadian
Cultural
Centre
Paris**

THIS BOOK BELONGS TO:



.....

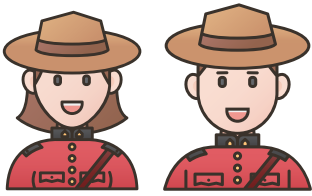
.....



Here's **Jack** the beaver
who will be your guide
throughout the journey



And **Kenojuak**, his loyal
caribou friend!



JACK AND KENOJUAK

Our names have a story... Do you know where they come from?



Portrait of Théophile Hamel, 1844

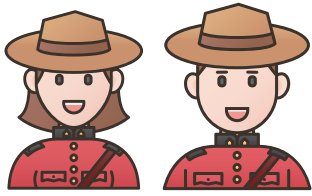
The French explorer **Jacques Cartier** (1491-1557) was the first European to visit Canada, reaching the Gulf of Saint Lawrence after crossing the Atlantic Ocean. He named the land "Canada" from the Iroquois "kanata", meaning "village".

Kenojuak Ashevak (1927-2013) was a great Inuit artist. She was born in an igloo on Baffin Island. She started her career as an artist in 1958 and quickly became known for her captivating designs, representing fantastic creatures.



*Kenojuak Ashevak
Photo: Ansgar Walk (All rights reserved)*





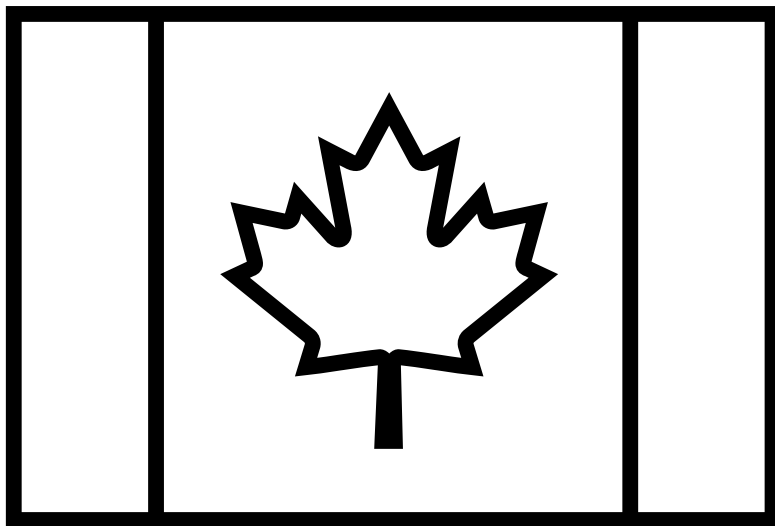
CANADA



Do you know where
Canada is?

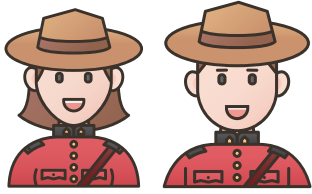


Your turn! Colour in
the Canadian flag!



Here's the Canadian flag!
It is red and white and represents a maple leaf.
It is one of the country's symbols.





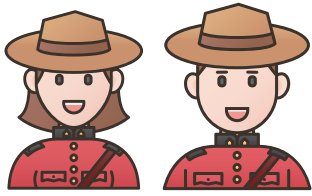
CANADA



Canada is on the North American continent, just above the United States. You'll need to take the plane or a boat to cross the 4,000 miles of the Atlantic to come and see us!

Canada is the **second largest country in the world** after Russia. Canada extends 3,446 miles from the Atlantic Ocean in the east to the Pacific Ocean in the west and 2,896 miles from the border with the USA in the south to the Arctic Ocean in the north. That's why our motto is: **"From one ocean to another"!**



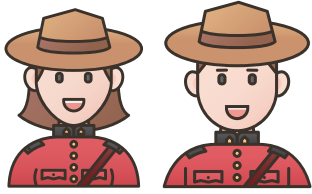


CANADA



The country consists of 10 provinces such as Newfoundland and Labrador and 3 territories such as Nunavut which are home to about 42 million Canadians.



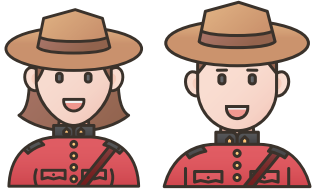


THE GOVERNMENT



The capital is called **Ottawa** and is located in the province of Ontario in the South East. It is the province with the most people in Canada. Ottawa houses the **Parliament** and the government departments, whose current leader is **prime minister Mark Carney**.





LANGUAGES IN CANADA

We speak 2 official languages, French and English, but more than 200 languages are spoken in Canada, such as Inuktitut.

The languages are those of the Indigenous peoples who have been living in North America from time immemorial.





INDIGENOUS PEOPLE OF CANADA

Who are the Indigenous people of Canada?

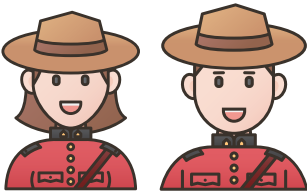
They are members of the First Nations, Inuit and Métis, descendants of the first inhabitants of Canada. They have lived here for thousands of years from well before the arrival of European explorers.

They were previously called “Indians” but nowadays that term is considered inaccurate. The first European explorers who landed in North America, including Jacques Cartier in 1534, thought they had found a passage to the Indies. That’s why they called the first inhabitants of the land “Indians”. They now prefer to be called by the proper name of their community, e.g. the Mohawks, the Cree, the Oneida etc.

There are currently more than a million indigenous people in Canada.



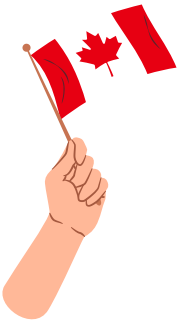
**Every year,
Canadians
celebrate National
Indigenous Peoples
Day on 21 June.**



FRENCH SPEAKING CANADA

Did you know that nearly a quarter of the Canadian population speak French as their mother tongue?

Apart from Quebec, French communities live in Ontario, New-Brunswick, Manitoba, Alberta and elsewhere. They defend the use of French in their daily lives (at school, at the doctor's and so on.)



Do you speak Canadian French?
Match these expressions!



Take a seat!

Mad as a hatter

Knickers/Underwear

A bonnet

Keep your hair on!

Go window shopping

Podcast

A marmot

Peck on the cheek

No fighting in the house!

To be all thumbs

Not at all

Fantastic

Be in a bad mood

An eraser or rubber

Une efface

Être fou/folle comme un balai

Une bobette

Pantoute

Tiguidou

Calme-toi le pompon !

Faire la baboune

Tire-toi une bûche !

Balado

Une tuque

Un siffleux

Donner un bec

Pas d'chicane dans ma cabane

Avoir les mains pleines de pouces

Magasiner

Être maladroit.e

Faire la tête

Pas de bagarre chez moi

D'accord

Podcast

Pas du tout

Faire un bisou

Assieds-toi !

Aller faire les magasins

Une marmotte

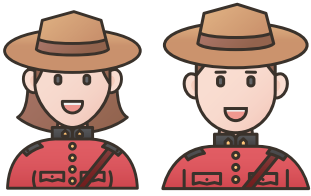
Une gomme

Une culotte / un slip

Un chapeau / un bonnet

Être tout.e excité.e

Se calmer

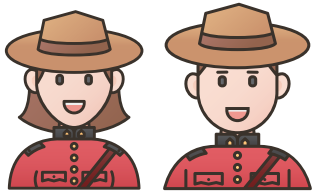


FOOD



If you want to buy some Maple Syrup or try a delicious **poutine**, you will have to use our currency, the **Canadian dollar**.

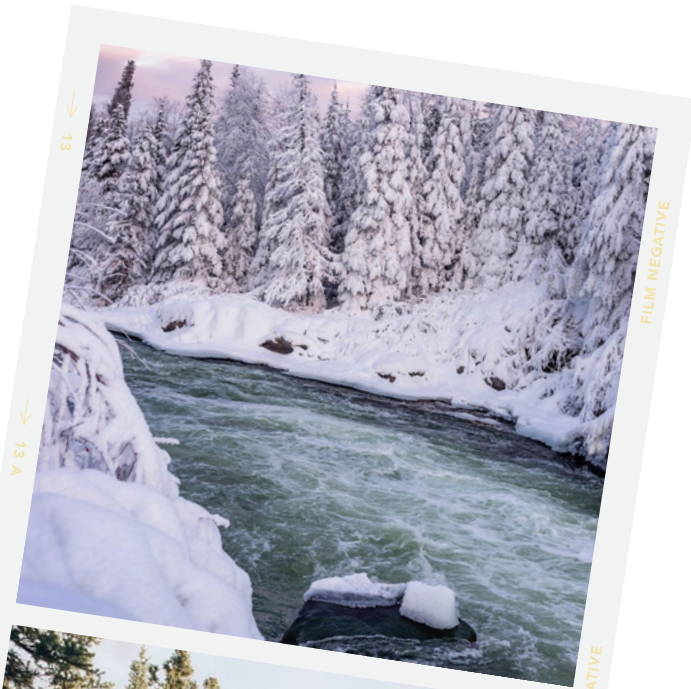


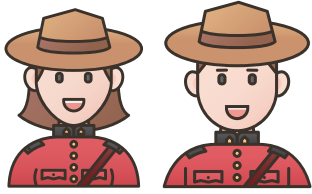


FLORA AND FAUNA



The country is known for its vast expanses of forest which cover a third of the country, as well as our 2 million lakes.

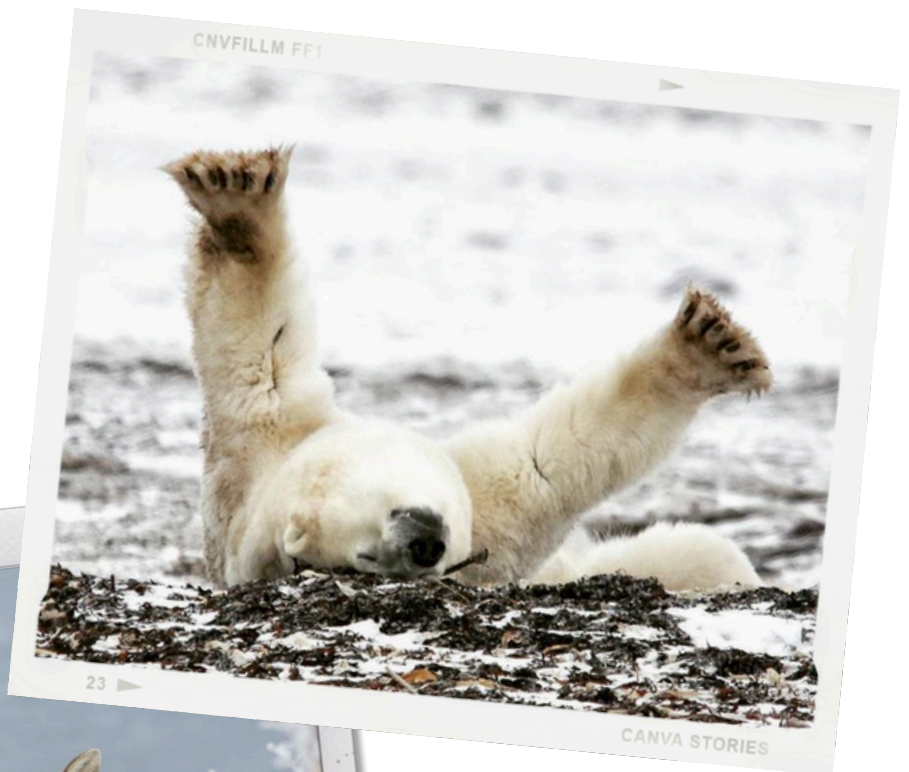


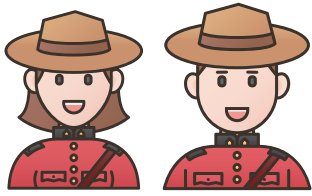


FLORA AND FAUNA

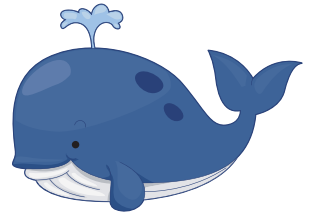


In the forests you will find typical animals such as beaver, bear, wolf and caribou and you can go fishing for all sorts of fish or go collecting blueberries, our Canadian bilberries.



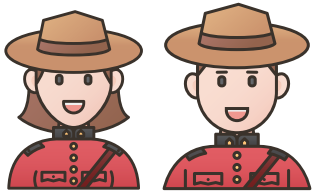


FLORA AND FAUNA



You can collect sap from the maple tree to make syrup in one of our sugar shacks. You can watch the whales on the Saint Lawrence River in Quebec or the orca on the Pacific Coast of British Columbia. In the North, in Nunavut or in the North West Territories, you'll see polar bears, beluga whales and even seals.



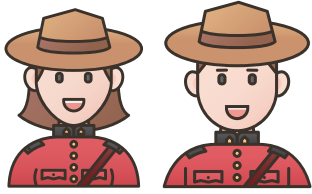


HOBBIES



What activities
can you do in Canada?





HOCKEY



Have you heard of Canada's national sport?

Ice Hockey was invented by the Canadians at the beginning of the 19th century.

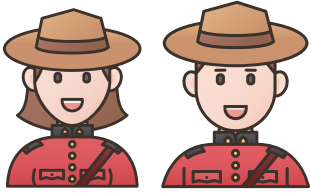
The word hockey comes from the old French "hocquet" which meant a shepherd's crook.

There are 2 teams of 5 players and a goalkeeper who play with ice pucks in a hockey rink or on a frozen lake. The aim is to score more goals than the other team by hitting the puck into their goal using a hockey stick.

Ice hockey is the fastest team sport in the world. A player can skate at over 25 mph and the puck can easily exceed 60 mph during a shot. It's also a contact sport, requiring skill and technique.

The sport has an avid following in Canada. Fans support 7 Canadian teams of the NHL (National Hockey League), and especially during the Stanley Cup playoffs.





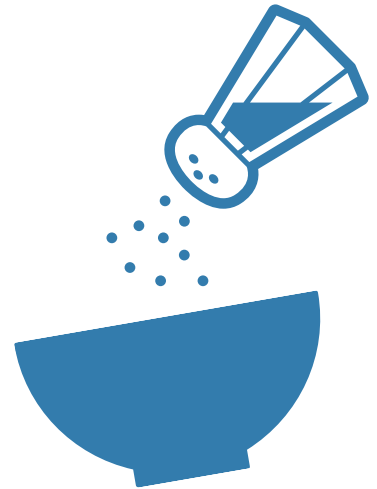
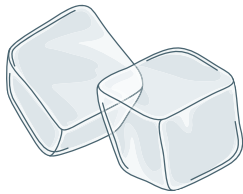
SCIENTIFIC EXPERIMENT



Make an iceberg!

Equipment

- A large salad bowl.
- An ink cartridge or coloured syrup (optional).
- A glass, a tub or a plastic container.
- Salt.
- Water.



Experiment

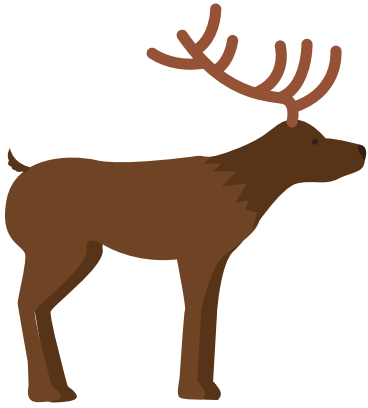
1. Put some ink or syrup into the bottom of the plastic tub and fill it with water.
2. Put the tub in the freezer and leave it there overnight.
3. Next day, fill the salad bowl with warm water and add two large spoonfuls of salt.
4. Take your block of ice out of the freezer, remove it from the tub and put it in the salad bowl.
5. Fill the salad bowl up to the brim.

Observations

- How far does the iceberg stick up out of the water?
- Leave the ice to completely melt. Did the salad bowl overflow?

The part of an iceberg which sticks up out of the water is 10% of its size. Therefore an iceberg 35 metres high is 315 metres in total (35 x 9). The water does not spill over! When the ice (solid state) melts into water (liquid state) it takes up the same volume.





FIND THE WORD



Find the words hidden
in the grid!



H	G	Q	K	E	N	O	J	U	A	K	C	L	J
Z	F	Z	A	O	I	P	T	Z	D	G	A	C	B
C	I	N	D	I	G	E	N	O	U	S	N	O	U
N	P	N	B	T	Y	Y	C	C	O	C	A	T	M
E	O	O	D	G	C	L	U	M	N	Q	D	T	Z
I	U	E	P	H	F	V	G	Y	H	A	A	A	F
A	T	G	O	F	Q	I	I	B	Z	C	M	W	V
W	I	B	D	C	Z	Q	Y	O	J	C	K	A	A
S	N	M	K	I	K	I	V	L	P	A	Y	U	C
C	E	H	O	C	K	E	Y	A	H	R	Y	V	Z
C	O	X	M	A	P	L	E	C	F	I	U	W	T
C	O	M	D	Z	P	B	Z	H	G	B	N	J	D
O	I	N	U	K	T	I	T	U	T	O	O	Q	E
B	R	F	S	U	F	W	U	F	I	U	X	M	Y

Words to find:

Canada

Inuktitut

Maple

Ottawa

Caribou

Hockey

Indigenous

Poutine

Kenojuak



PANCAKE RECIPE

Ingredients for 4 people

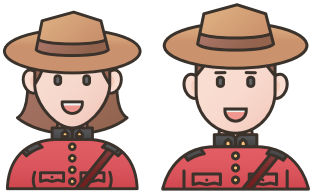
- 250g of flour
- 30g of caster sugar
- 2 eggs
- 1 sachet of yeast
- 65g of unsalted butter
- 1 pinch of salt
- 300ml of milk

Instructions

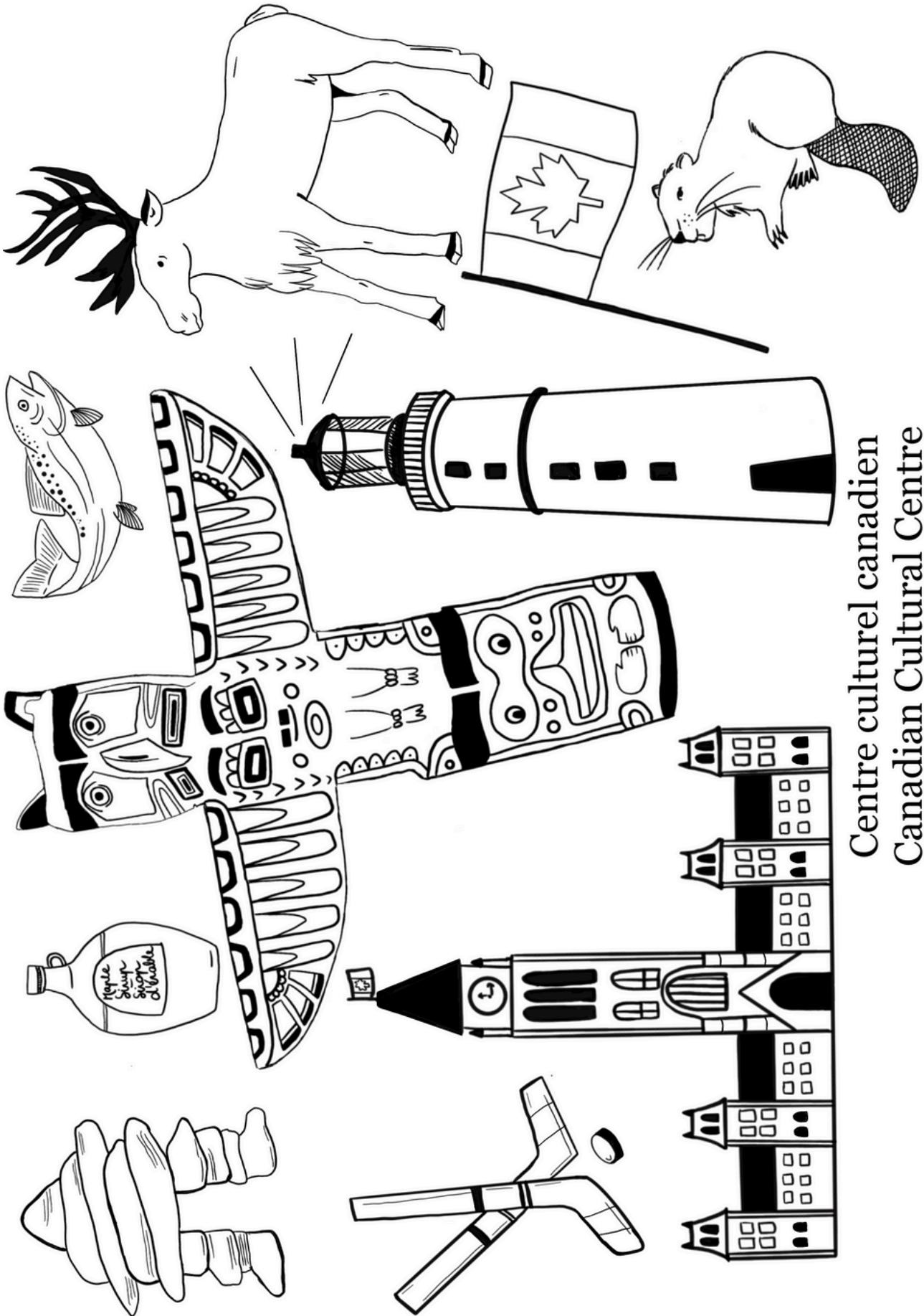
- Melt the butter in a saucepan over low heat or in a bowl in the microwave oven.
- Put the flour, yeast and sugar into a salad bowl. Mix and form a well in the middle.
- Then add the eggs and whisk all together.
- Add the melted butter, whisk and then gradually thin the mixture with milk to prevent any lumps forming.
- Leave the mixture to rest for at least 1 hour in the fridge.
- Heat a pan until hot, oil slightly and cook the mixture. Keep warm until ready to serve.

REFERENCE: DIDIER ERMENAUT

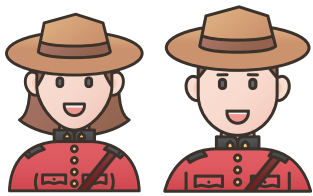




COLOUR IT IN



Centre culturel canadien
Canadian Cultural Centre



TO FIND OUT MORE

Want to find out
more about
Canada? Visit our
website!



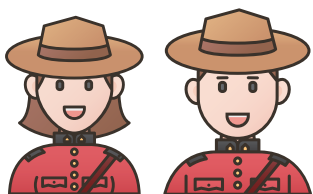
www.canada-culture.org_

Ressources

Canadian Government website: <https://www.canada.ca>

Photos: <https://www.brandcanadalibrary.ca>

Find the word: <https://www.educol.net/>



TILL NEXT TIME!

Jack and Kenojuak thank you for following their adventures!
Want to do more? You can find on-line games on our website and social networks!

Goodbye
young explorers!

RÉCRÉATION
VIRTUELLE
VIRTUAL
PLAYTIME

Ma forêt canadienne en herbarium
My Canadian Forest Herbarium



Our complete programme:
www.canada-culture.org

Canadian Cultural Centre / Embassy of Canada

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